



Hawaii Chapter

NATIONAL BLEEDING DISORDERS FOUNDATION

E-NEWSLETTER
ISSUE IV



2025

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Year in Review

What a year it's been! There is a trend going around the internet where people put their successes for the year on little notes on toothpicks and stick them in a cake. Well, I figured I'd do one of our own for the chapter and celebrate some of our wins!

I'm so thankful to work with each and every one of you this year, no matter how short or frequent our interactions! I hope that everyone had a safe holiday season and wish nothing but great things for you all in 2026!



Silent Auction

This year, we held our virtual silent auction. The auction was open for the whole month of October and contained many pieces from local artists, as well as larger corporations. Items included custom myrtle wood ukuleles, baby gear, stationary, jewelry, and catering opportunities! We made over \$2,200 which was less than our goal, but a great learning experience for the future! Lots of amazing connections were made with different companies and community members, so that was amazing in itself! A big mahalo to everyone who made this auction possible, our donors and donors alike!

Silent Auction Donors

Body Glove Hawai`i
Jim Skibby
Halekulani
Queen Kapi`olani Hotel
Lilikoi & Lotus
Ekolu
Coco Moon
Charlene Matsuoka
Designs By Momi
Magical Moments- Rowie Pabiton
Hamakua Creations
Haru Baby
Kakou Collective
Ka Alala

Kaleimamo
Kealahiehie
Desert Force- Stephanie Federizo II
Lehua Creations
Lele's Bakery
Makau Nui
Malia torm Collection
Cathy Marquez Velasco
No`ono`o Hana
Ola Apothecary
Russell Mitsuda
Sabra Testa
Jake Shimabukuro
Chavez Boys

Oregon Women's Conference

The Pacific Northwest Bleeding Disorders based in Oregon is an amazing Chapter that has continually and generously allowed some of our HI Residents to participate in some of their events including the annual Women's Conference. This event took place on November 7-9 at a lodge in Washington. We were able to send over Jessica Anub from our chapter this year and have her take part in this amazing event.

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"The Oregon's Women's Retreat was an amazing experience and if you have the opportunity, I would highly recommend it to be able to come together with other women and talk about our struggles, our accomplishments, and just good company. It's comforting to be with other women that are going through the same ups and downs." - Jessica

If you are interested in attending this event or any similar, please stay up to date through e-mails, chapter calendar page, or our social media accounts. Most partnership opportunities will be posted there!

BDC Registration

The Bleeding Disorders Conference will be from August 13-16 in Florida this year. With over 120 hours of education, this is a great opportunity to learn and connect to others in the bleeding disorders community! If you are interested in attending and having your costs covered by the chapter, please be sure you'd be available those days (and a couple days before and after for travel) and go to OUR CHAPTER CALENDAR and register to express your interest. We can only pay for a certain amount of people to travel to this event so please make sure your registration interest are in on our chapter website by May 5th. Please remember that registering on our chapter website does not guarantee that you will be chosen to attend. After the May 5th date, those chosen to attend BDC covered by the chapter will be notified.

If you want to attend BDC on your own and are able to pay for your own flight, hotel, and registration, feel free to register directly through the [BDC website](#). Early bird/discounted pricing for registering on your own ends March 13th.



BLEEDING DISORDERS CONFERENCE

Orlando, Florida • August 13-15, 2026

YETI Teen

This upcoming February, the chapter will be traveling with one HTC staffer and one teen to Oregon for their yearly YETI event. This year, the teen that was chosen to go is Lucas! He will be joining myself and Jayna, the HTC's physical therapist, to attend Yeti and learn about leadership, advocacy, programming, and more! We are very thankful to PNWBD for continually allowing us to attend this event year after year.

"I'm excited to go to Yeti and meet new people with different/same bleeding disorders. I am excited to learn about how to deal with being a teen with a bleeding disorder" -Lucas



Holy's Bakery Fundraiser

Our pie fundraiser has proven to be a crowd favorite, with over 350 pies being pre-sold! We ordered a total of 370 pies this year (since cases come in packs of 10), which is the most pies we have purchased to date!

Here is a breakdown of the pies purchased:

- Apple: 165 (47.01%)
- Pear: 65 (18.52%)
- Peach: 65 (18.52%)
- Coconut: 56 (15.95%)
- Kona: 141 (40.17%)
- Hilo: 41 (11.68%)
- O`ahu: 81 (23.08%)
- Maui: 85 (24.22%)
- Kaua`i: 3 (.85%)

The pies cost us a total of \$5,763.68. Shipping to O`ahu and Maui cost \$537.68. Total costs came out to \$6,301.36. Once our leftover pies sell, we will have an estimated total profit of about \$2,578. With that being said, we have a couple pies left of each flavor that will be sold on a first come, first serve basis, so please reach out to me at (808)284-7417 to get your pie (Big Island only to avoid shipping costs)!

December Voices

This year, our December Voices program arrangement was a little different. We had programming Friday evening (the 5th), and then a long day of programming all day Saturday (the 6th). This was due to piggy backing our Unite Walk event on Sunday and fitting these two large events in the same weekend. At our December Voices event, we had a couple of new community members, as well as a few returning community members who have not attended programming in a while. This was so great to have new and returning community members, to help grow, as well as reconnect our chapter.

Our Friday was lighter with sponsor booth time, icebreakers, discussion time, and dinner paid for in part by Octapharma. One thing about the layout this year was that we tried to do more/start earlier on Friday evening due to only having less than a day and a half of programming which was less time than previous years. With this though, we had to rush families in after work on Friday, but they all caught the after-work traffic so those families that flew in and were coming to the meeting space from the airport, it took them over an hour for a trip that should not have been more than 20 minutes. Lessons learned for this year!

Saturday, we began with breakfast at the hotel and then made our way back to the convention center for programming. Bill Robie, the Senior Director of Government Relations, did a presentation storytelling and gave some updates on different policies and federal programs that affect the work we do at NBDF. There were a couple of worksheets that were helpful in our storytelling and advocacy practice that will be linked on the chapter website under the State Hill Day registration for those who are interested in practicing on their own. We then got a chance to go around the room and do some speed dating with our industry partners during our Round Tables. This gives community members a chance to talk to industry partners one on one and have some of those personal conversations that some might not be comfortable asking in a larger group setting. It is also just a great opportunity to get to know your reps personally. Some of our HTC staff joined us after lunch and gave some updates on their office moves and future of clinics. Official list of HTC outreach dates will be sent out in a separate e-mail so make sure you are on the lookout for that if you are on an outer island. We then got into making our 2026 Bingo Cards which serves as a goal tracker. In every spot, you put a goal whether that's to read a certain amount of books, start therapy, save X amount of money, etc. This layout just makes it a little more interesting to look at once you really get into crossing things off your card. We wrapped up the afternoon with a screening of the film Dismissed. We had shown this at our Mana Wahine event back in September and it was a big hit and requested that we show this to the larger group. It's a great opportunity to see how females are affected by their bleeding disorder. I HIGHLY recommend that everyone watch it. In order to view it, go to [this site](#) and fill out the 3 questions. The link to watch will pop up shortly after on the same screen.

December Voices Cont.

We had an amazing dinner spread sponsored by Sanofi that was way more than any of us could finish! To top the night off, our favorite local Santa stopped by and gave everyone gifts! What was great about this year was that not only did he give gifts to the kids again, but he also gave gifts to the adults! It was great to see the smile on everyone's face and Santa was thrilled to be able to stop by our event for another year!



Big mahalo to all our sponsors:

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octapharma

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HEMA
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Unite Walk



This year, our Unite Walk raised just over \$11,000. This was just a third of our fundraising goal, but that just means there is room for improvement for this coming year! We did have the largest in-person turnout in the last few years due to us being able to have those outer island families who attended December Voices join us at the Walk program on Sunday. We had our event at Kapiolani park again but were at a different section of the park. Instead of being by the bandstand, we were behind the tennis courts due to another larger event being in our normal spot. This spot was a bit of a walk from the parking lot but there was a decent amount of parking along the road right next to our set up. We did run into more trouble with the reserved parking stalls at the lot by the bandstand- we were supposed to have a certain amount reserved for us but that didn't happen (again). Our new spot was also a little wet from the night before so there was some mud, causing us to keep our tents closer together to avoid having anyone walking in those areas. So our layout wasn't as spread out as previous years, but I think the closer proximity helped when making announcements and passing out awards.

We started with booth time and registration and made our way into the Pinwheel ceremony lead by one of our teen community members Leah. We then got everyone together for a big group photo and made our way onto the sidewalk to start our walk. Despite being at a different part of the park, the majority of the walk route remained the same. We then rolled out the red carpet for the end of our walk and participants got to strut down the runway to end their walk!

We spent some time playing some games, doing some arts, and crafts, and just chatting with old and new friends. We finished our day by doing our awards ceremony and brought back the red carpet so those being recognized could come up in style! Our chapter also won the Rising Star Award this year so that is definitely something to celebrate!

Unite Walk cont.

As some of you know, we have lost our two nurses at the HTC Fran and Dawn. We miss them immensely and wish them the best of luck on their new adventures. The hospital is in the process of finding replacements for their positions. If you or anyone you know would be interested in nursing at the HTC, please reach out! Hopefully we will have new staff in soon! Once we know, we will make announcements and possibly get a chance to meet them at an upcoming event!

Walkers who raised \$250-\$499:

- Rod Calbero
- Zack Stein

Walkers who raised \$1000+/Highest fundraiser:

- Josiah Hueu

Walkers who raised \$500-\$999:

- Ann Okaharah
- Daisy Cortes
- Kyra Calbero

Top Team Captain:

- Ann Okahara with Team Leah

Thank you to all our sponsors:



Also, a huge MAHALO to Bryce Teraoka with Office Depot for helping with our printing for both December Voices and Unite Walk!!

Register for
Walk Participant
Training 2026

Mar 25th

Register for
Team Captain
Training 2026

Feb 25th

Tell Your Story

We are looking for volunteers to either do interviews for short videos or get their story in writing so that we are able to better share stories from within our local community. If this is something you might be interested in, please fill out our form below! We appreciate any help!

State Hill Day

We are holding our local State Advocacy Day on O`ahu on February 9th. We plan on visiting some offices and sharing about our organization and our personal stories. We also are hoping to get introduced on the House floor. We will have some training the day before (Sunday, Feb 8th) on O`ahu, which will run from about 4pm -7pm. We will then meet again Monday morning for breakfast before heading to the offices and will adjourn sometime in the early afternoon. If this is something you'd be interested in participating in, please register on [the chapter website](#). Absolutely no prior experience needed!

Your Business Here!

Are you a local Hawai`i based business looking for more advertisement opportunities? Sign up to put your ad here in our quarterly e-newsletter! Our e-newsletter gets sent to over 400 mailing addresses (double check number on bloomerang), and also gets posted on our chapter website. Insert pricing chart here (I will send you pics of the prices in teams)

Local Businesses Advertising Opportunities		
	1 Issue	4 Issues
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